



GO MENTAL! 2022



**SCREENINGS AT CINEMA
ACUD**

VETERANENSTRASSE 21

MAY 20 AND 21, 2022

Germany's first and only film festival on
mental health.



FRIDAY EVENING

MAY 20, 2022 | 7 - 9 PM

6:30 PM

Entry

7:00 PM

Welcome Speech of the festival founders

7:05 PM

Block I: Men's Mental Health OmeU

7:05 PM

Thanks For Coming In

Directed by Marco Gentile

United States of America

11:30 Min.

Eating Disorder

This narrative short is an autobiographical quirky dramedy about male body-dysmorphia and the casual brutalities of the casting process.

7:20 PM

I'll Call You In A Few

Directed by Carmen Sarieddine

Lebanon

13:30 Min.

Mental Health Aid

During his night shift break, Karim, a suicide hotline operator, is in the toilet talking to his best friend Nour who is having a breakdown over the phone.



FRIDAY EVENING

MAY 20, 2022 | 7 - 9 PM

7:35 PM

Amanze

Directed by Lucy Hawes

United Kingdom

08:52 Min.

Dementia / Art as Coping Mechanism

From Harlesden to Luton, we are transported through time, peeling back the layers of Ronald Amaze and his incredible life.

7:45 PM

Hold Me Down

Directed by Caolan Flood

Germany

04:28 Min.

Anxiety

This is a dance film about two young men struggling to cope in isolation.



FRIDAY EVENING

MAY 20, 2022 | 7 - 9 PM

7:50 PM

Block II: Abuse and Healing OmeU

7:50 PM

Apnoia

Directed by Vanessa Payri

Canada

15:00 Min.

Abuse and Trauma

This documentary short is a testimony polyphony of sexual assault survivors.

8:05 PM

Mental Abuse Matters

Directed by Lucy Baxter

United Kingdom

04:26 Min.

Abuse / Gaslighting

The Mental Abuse Matters animation explores emotional abuse in an intimate relationship and the phenomenon of "Gaslighting", where the abuser dislocates the victim from reality and causes them to question their judgment and sanity.



FRIDAY EVENING

MAY 20, 2022 | 7 - 9 PM

8:11 PM

Too Late

Directed by Kinga Syrek

Poland

15:34 Min.

Parental Heritage / Addiction

The protagonist of the animated film is Edie Sedgwick, a model, actress, and star of Andy Warhol's films. The film, however, is not about her relationship with Warhol, but the relationship with her toxic father.

8:25 PM

Visual Poetry: Self Love

Directed by Sofia Monezerratt

United States of America

02:10 Min.

Self Healing

The personal journey of discovering and internalizing self-worth.

8:30

Talk with jury panel, festival founders and audience members.



SATURDAY EVENING

MAY 21, 2022 | 7 - 9 PM

6:30 PM

Entry

7:00 PM

Welcome speech by festival founders
and award speech for 3rd place

7:10 PM

Mayfly OmeU

Directed by Joel Ängeby

Sweden

19:44 Min.

Borderline Personality Disorder

Lisa is trying to put her life back together, after a breakup with her girlfriend and a following failed attempt suicide.

7:30 PM

Introducing the Honorable Mention Film
of 2022

7:40 PM

Just In Case OmeU

Directed by Kirsty Robinson-Ward

United Kingdom

14:00 Min.

Bipolar Disorder

Rachel lives with bipolar disorder and the invisibility of her condition has become all too real for both herself and her father.



SATURDAY EVENING

MAY 21, 2022 | 7 - 9 PM

7:55 PM

Award speech for 2nd place

8:05 PM

Goldfish in the Hamster Wheel OmeU

Directed by Christoph Amort

Austria

13:04 Min.

Depression

A young woman suffering from depression tries to solve her unbearable carousel of thoughts with herself.

8:20 PM

Award speech for 1st place

8:30 PM

The Sound OmeU

Directed by Antony Petrou

Cyprus

15:00 Min.

Stigma

One day, out of nowhere, Beth's fragile mother begins to hear a mysterious sound that nobody else can hear. The Sound quickly becomes an overwhelming source of pain and frustration, driving Beth's mother to the brink.

8:45 PM

Short Q&A and Goodbye

