

GO MENTAL! 2022

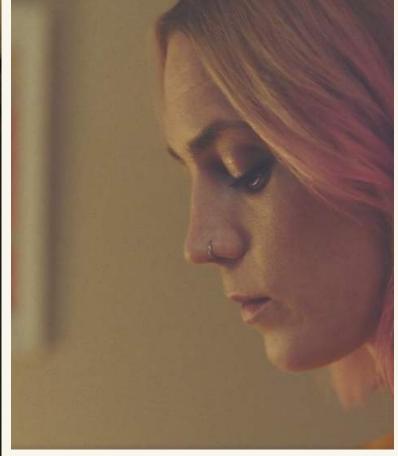


SCREENINGS AT CINEMA ACUD

VETERANENSTRASSE 21

MAY 20 AND 21, 2022

Germany's first and only film festival on mental health.







MAY 20, 2022 7 - 9 PM

6:30 PM

Entry

7:00 PM

Welcome Speech of the festival founders

7:05 PM

Block I: Men's Mental Health OmeU

7:05 PM

Thanks For Coming In

Directed by Marco Gentile United States of America 11:30 Min. Eating Disorder This narrative short is an autobiographical quirky dramedy about male body-dysmorphia and the casual brutalities of the casting process.

7:20 PM

I'll Call You In A Few

Directed by Carmen Sarieddine Lebanon 13:30 Min. Mental Health Aid During his night shift break, Karim, a suicide hotline operator, is in the toilet talking to his best friend Nour who is having a breakdown over the phone.





MAY 20, 2022 | 7 - 9 PM

7:35 PM

Amanze

Directed by Lucy Hawes United Kingdom 08:52 Min. Dementia / Art as Coping Mechanism From Harlesden to Luton, we are transported through time, peeling back the layers of Ronald Amaze and his incredible life.

7:45 PM

Hold Me Down Directed by Caolan Flood Germany 04:28 Min. Anxiety This is a dance film about two young men struggling to cope in isolation.





MAY 20, 2022 | 7 - 9 PM

7:50 PM

Block II: Abuse and Healing OmeU

7:50 PM

Apnoia Directed by Vanessa Payri Canada 15:00 Min. Abuse and Trauma This documentary short is a testimony polyphony of sexual assault survivors.

8:05 PM

Mental Abuse Matters

Directed by Lucy Baxter United Kingdom 04:26 Min. Abuse / Gaslighting The Mental Abuse Matters animation explores emotional abuse in an intimate relationship and the phenomenon of "Gaslighting", where the abuser dislocates the victim from reality and causes them to question their judgment and sanity.







MAY 20, 2022 | 7 - 9 PM

8:11 PM

Too Late

Directed by Kinga Syrek Poland 15:34 Min. Parental Heritage / Addiction The protagonist of the animated film is Edie Sedgwick, a model, actress, and star of Andy Warhol's films. The film, however, is not about her relationship

8:25 PM

her toxic father.

Visual Poetry: Self Love

Directed by Sofia Monezerratt United States of America 02:10 Min. Self Healing The personal journey of discovering and internalizing self-worth.

with Warhol, but the relationship with

8:30

Talk with jury panel, festival founders and audience members.





SATURDAY EVENING

MAY 21, 2022 | 7 - 9 PM

6:30 PM

Entry

7:00 PM

Welcome speech by festival founders and award speech for 3rd place

7:10 PM

Mayfly OmeU Directed by Joel Ängeby Sweden 19:44 Min. Borderline Personality Disorder Lisa is trying to put her life back together, after a breakup with her girlfriend and a following failed attempt suicide.

7:30 PM

Introducing the Honorable Mention Film of 2022

7:40 PM

Just In Case OmeU

Directed by Kirsty Robinson-Ward United Kingdom 14:00 Min. Bipolar Disorder Rachel lives with bipolar disorder and the invisibility of her condition has become all too real for both herself and her father.





SATURDAY EVENING

MAY 21, 2022 | 7 - 9 PM

7:55 PM

Award speech for 2nd place

8:05 PM

Goldfish in the Hamster Wheel OmeU Directed by Christoph Amort Austria 13:04 Min. Depression A young woman suffering from depression tries to solve her unbearable carousel of thoughts with herself.

8:20 PM

Award speech for 1st place

8:30 PM

The Sound OmeU Directed by Antony Petrou Cyprus 15:00 Min. Stigma One day, out of nowhere, Beth's fragile mother begins to hear a mysterious sound that nobody else can hear. The Sound quickly becomes an overwhelming source of pain and frustration, driving Beth's mother to the brink.

8:45 PM

Short Q&A and Goodbye

